Providing services for those wanting to change their use of drugs or alcohol:

Advice and information
We offer a flexible range of advice and information to any adult affected by drugs or alcohol, and related issues, including for individuals, families, carers, and the wider public:

- Prevention work
- Brief and extended interventions
- Support for parenting, relationships and family issues
- Advice on healthy living - nutrition, sexual health, smoking

Wrap around services
We provide access to a range of specialist services including:

- Housing and benefits advice
- Recreational and vocational training courses
- Education, training and employment support
- Reducing offending behaviour
- Dental referrals
- Work with partners, e.g. in LGBT, elderly, or carer communities

Clinical support
There are doctors and nurses on site to provide support, including:

- Healthcare assessment
- Harm reduction
- Rapid access to Opioid Substitution Treatment for opiate users
- Sexual and Reproductive Health Services
- Needle exchange
- Blood-borne virus testing and Vaccination
- Community alcohol detox
- Wound care
- Referral to TB screening
- Psychology/Mental Health Support

Structured treatment
Treatment options and lengths are personalised. Everyone has access to:

- A key worker
- Individual psychosocial support
- A choice of support groups
- Care planning to help achievement towards personalised recovery goals

Support in recovery
We support people into their recovery, with their wellbeing, and to move on. Support options include:

- Complementary therapies
- Wellbeing activities, such as sport and leisure, arts and crafts, and organised social events
- Shower and Washing Facilities
- Working on life skills and self development
- Relapse prevention
- Access to Mutual Aid Groups, such as Alcoholics Anonymous (AA), Narcotics Anonymous (NA), Cocaine Anonymous (CA) and SMART
- Access to computers
- Peer support including working with local peer mentor scheme and service user council
- Volunteer opportunities

The service is free, safe, confidential and welcoming
Lifeline Southwark is a free, safe and confidential drug and alcohol service for any adult over the age of 18 who lives in the London Borough of Southwark. The service supports people from any background, using any kind of drug and/or alcohol, who want to recover or change.

We work at all levels, from prevention and early engagement, through to recovery. We understand people may also be dealing with other issues and we offer a range of 'wrap around' services to support these. Service users are in control of their treatment and are supported to achieve their own recovery or change goals.

If you would like to use this service, please contact us or drop in to Cambridge House during opening hours. We can also meet you at other safe locations.

Prescribing and Keyworking Hub
Cambridge House, 1 Addington Square,
London, SE5

Open access drop in runs during opening hours. The last available appointment of the day is one hour before closing. – (January Only)

Monday 09.30am - 5.30pm
Tuesday 09.30am – 5.30pm
Wednesday 12.00am - 5.30pm
Thursday 09.30am – 7.00pm
Friday 09.30am - 5.30pm
Weekends Occasional activities

Bus routes include: 12, 35, 40, 42, 45, 68, 148, 171, 176, 468.

Get off at ‘Camberwell road/Albany Road’, Addington Square is the first road on your left.

Engagement and Recovery Hub
Premises TBC

Our recovery hub is for service users already in treatment and hosts planned appointments, group work and activities. If you would like to access the service for the first time, please go to the Cambridge House prescribing hub.

Community Locations

We are committed to ensuring that the service is widely available throughout the Borough. As well as the Hubs, we work at other satellite and drop-in locations at partner organisations. We will also see people at other places where they feel most comfortable and safe. Please visit our website for updated details.