

Whats On! Introducing Solid Food for 0-1Years/Nutrition advice for 1-5Years

Southwark Early Years Nutrition Team

April 2017

Monday	Tuesday	Wednesday	Thursday	Friday
3 10.00 Introducing Solid Foods Ellen Brown Play Centre	4	5	6 10.00 Introducing Solid Foods 1st Place Children's Centre	7 13.00 Nutrition Advice 1st Place Children's Centre
10	11	12 10.00 Introducing Solid Foods South Bermondsey Children's Centre	13 10.00 Introducing Solid Foods Surrey Docks Health Centre	14 BANK HOLIDAY
17 BANK HOLIDAY	18 10:00 Nutrition Advice Rye Oak Children's Centre 13.00 Introducing Solid Foods Rotherhithe Children's Centre	19 10:00 Introducing Solid Foods Ann Bernadt Children's Centre	20 10.00 Nutrition Advice The Salmon Centre 13.00 Introducing Solid Foods Ellen Brown Play Centre	21 10.00 Introducing Solid Foods Coin Street Children's Centre
24	25	26	27 13.00 Introducing Solid Foods Aylesbury Health Centre	28

NB: 'Nutrition advice for 1-5's' sessions include introducing solid foods, breastfeeding promotion, general healthy eating (reducing salt, sugar and unhealthy fats), fussy eating, food labelling, cooking tips and recipes
 Introducing Solid Food Sessions are for under 1s only

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May 2017

Monday	Tuesday	Wednesday	Thursday	Friday
1 BANK HOLIDAY	2 10:00 Introducing Solid Foods Dulwich Wood Children's Centre	3	4 10.00 Introducing Solid Foods 1st Place Children's Centre 13.00 Introducing Solid Foods Ellen Brown Play Centre	5
8 10.00 Introducing Solid Foods Ellen Brown Play Centre 10:00 Introducing Solid Foods The Grove Children's Centre 14.00 Introducing Solid Foods Albrighton Community Centre	9	10 10.00 Introducing Solid Foods South Bermondsey Children's Centre 10:00 Introducing Solid Foods Ann Bernadt Children's Centre	11 10.00 Introducing Solid Foods Surrey Docks Health Centre	12
15	16 10.00 Nutrition Advice The Salmon Centre 10:00 Nutrition Advice Rye Oak Children's Centre	17 10.00 Nutrition Advice Victory Children's Centre 10:00 Introducing Solid Foods Ivydale Children's Centre	18	19 10.00 Introducing Solid Foods Coin Street Children's Centre
22 10:00 Nutrition Advice Crawford Children's Centre	23	24 10:00 Introducing Solid Foods Ann Bernadt Children's Centre	25	26
29 BANK HOLIDAY	30	31		

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Southwark Early Years Nutrition Team

June 2017

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5 10:00 Introducing Solid Foods The Grove Children's Centre	6 10:00 Nutrition Advice Aylesbury Health Centre 10:00 Introducing Solid Foods Dulwich Wood Children's Centre 13:00 Introducing Solid Foods Rotherhithe Children's Centre	7	8 10:00 Introducing Solid Foods 1st Place Children's Centre 13:00 Introducing Solid Foods Ellen Brown Play Centre	9 10:00 Introducing Solid Foods Coin Street Children's Centre
12	13 10:00 Nutrition Advice The Salmon Centre 10:00 Nutrition Advice Rye Oak Children's Centre	14 10:00 Introducing Solid Foods South Bermondsey Children's Centre 10:00 Introducing Solid Foods Ann Bernadt Children's Centre	15	16
19 10:00 Nutrition Advice Crawford Children's Centre	20	21 10:00 Introducing Solid Foods Ann Bernadt Children's Centre	22 10:00 Introducing Solid Foods Surrey Docks Health Centre 13:00 Introducing Solid Foods Aylesbury Health Centre	23
26 10:00 Introducing Solid Foods Ellen Brown Play Centre 14:00 Introducing Solid Foods Albrighton Community Centre	27	28	29	30 10:00 Nutrition Advice Pilgrim's Way Children's Centre

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CONTACTS

Bermondsey & Rotherhithe

- Ellen Brown Play Centre @Kintore Way Children's Centre (t: 0207 525 1196), 97-102 Grange Road SE1 3BW
- Pilgrim's Way Children's Centre (t: 0207 358 2870) Tustin Estate, Manor Grove SE15 1EF
- South Bermondsey Children and Parent Centre (t: 0207 525 3901) Tenda Road, Bermondsey SE16 3PN
- Rotherhithe Primary School and Children's Centre (t: 0207 231 3755), Rotherhithe New Road, Rotherhithe SE16 2PL
- Surrey Docks Health Centre (t: 020 3049 7444) 12-13 Blondin Way, off Downtown Road SE16 6AE

Camberwell & Dulwich

- South Camberwell Children's Centre (t: 0207 274 1829) @ Allbrighton Community Centre, Allbrighton Road, Dulwich SE22 8AH
- Crawford Children's Centre (t:020 7274 8543), Crawford Road SE5 9NF
- The Grove Children's Centre (t:020 7701 6629), Tower Mill Road SE15 6BP
- Dulwich Wood Children's Centre (t:020 7525 1192) Lyall Avenue SE21 8QS

Walworth, Borough & Bankside

- 1st Place Children's Centre (t: 0207 740 8070), Chumleigh Street, Burgess Park, Walworth SE5 0RN
- Aylesbury Health Centre (t: 0203 049 8700), Taplow House, Thurlow Street, SE17 2UN
- Bishop's House Children's Centre (t: 0207 740 8070), 5 Kennington Park Place, Kennington SE11 4AS
- Victory Primary School and Children's Centre (t: 0207 252 7548), Elba Place, off Rodney Road, Walworth SE17 1PT
- Coin Street Children's Centre (t: 0207 021 1600), 108 Stanford Street SE1 9NH

Peckham, Nunhead & Peckham Rye

- Ann Bernadt Children's Centre (t: 0207 525 0252), 29 Chandler Way, SE15 6DT
- Ivydale Children's Centre (t: 0207 639 2702), Ivydale Road, SE15 3BU
- East Peckham Children's Centre, @ Leyton Square Children's Playroom (t: 0207 639 1812), Leyton Square Gardens, Maismore Street, SE15 6TP
- Rye Oak Children's Centre (t: 07932 622 563 Whorlton Road, SE15 3PD)

Southwark Community Children's Nutrition & Dietetics Service

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